

NONE OF THIS WOULD HAVE BEEN POSSIBLE WITHOUT THE HELP OF SO MANY DEDICATED INDIVIDUALS AND GROUPS.

THANK YOU: College Nine Senate, College Ten Senate, Oakes College Provost Marcia Ochoa, Colleges Nine and Ten Provost Flora Lu, Colleges Nine and Ten Tech Crew, CoCo Office Student Staff, Colleges Nine and Ten Activities Student Staff, Barrios Unidos, The Bagelry, CAN Coffee, Kerri's Cookies, Community Printers, BluePrint Express, Pacific Cookie Company, Literary Guillotine, Brian Arao, Chance Decker, Christian Galliguez, Chris Lang, Claire Rubach, David Silvas Espinoza, Deborah Bryant, Lorato Anderson, Maya Woolfe, Rebecca Hernandez, Robin Kirksey, Sara Nasr, Tim Barbour, Trayce Lee Lawson, Victoria Iriberry, Zero Waste Team, Sustainability Office, all our tabling organizations, and all the Practical Activism Planners who came before us.

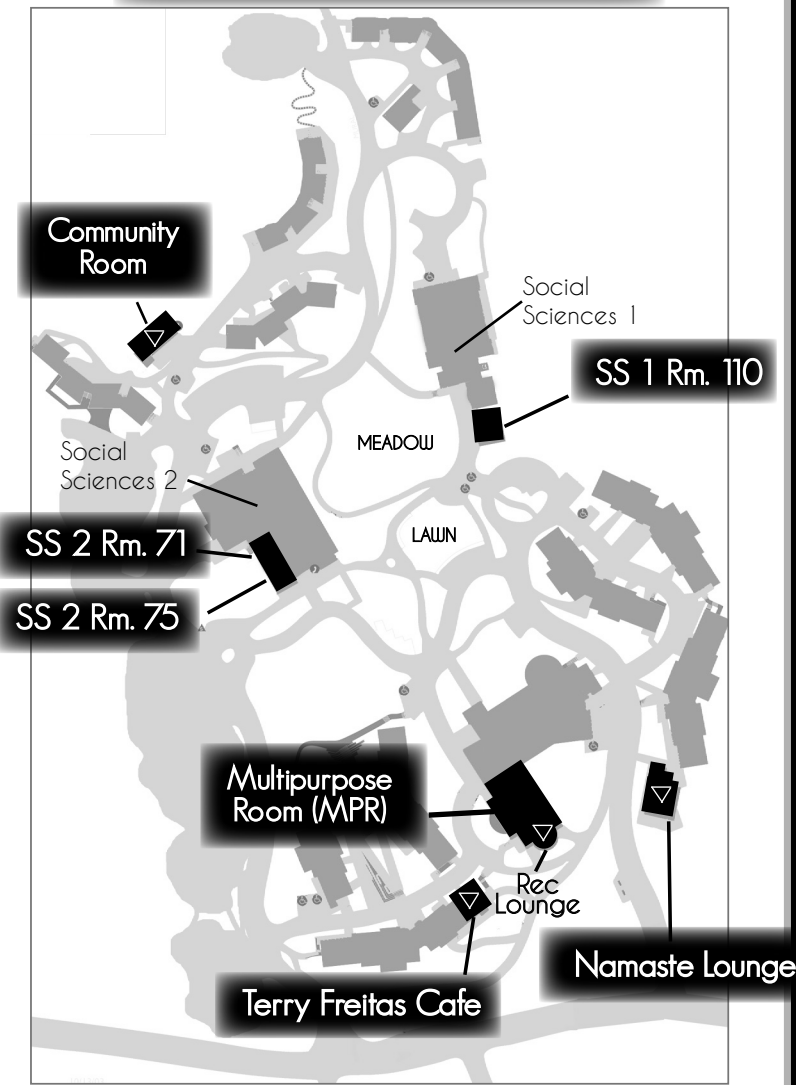
A SPECIAL THANKS TO THE 2019 PRACTICAL ACTIVISM PLANNING

TEAM: Anna Mulrooney, Annika Duquet, Claudia Paz, Daphne Mark, Eddie Resendiz, Erin Ramsden, Hebah Haque, Holly Waddle, Isabella Crespin, Jonathan Coelho, Jordon Leung, Jorge Del Toro, Jovita Martinez, Kayla Ott, Masumah Zahra, Nisha Charagulla, Oscar Lincon, Sean Butawan, Sofia Kooner, Taylor Gravier, Valeria Ochoa, Vanessa De La Torre, Vega Bugata, Wendy Baxter, Yarethzia Ponce Gallegos, and Yendrick Porras.

COMMUNITY AGROECOLOGY NETWORK

Community Agroecology Network (CAN) has partnered with Practical Activism all seventeen years of our history. CAN is an international network committed to sustaining livelihoods and environments through action education, participatory research, and alternative trade. Check out www.canunite.org

**PRACTICAL ACTIVISM 2019
MAP OF WORKSHOP LOCATIONS**



▽ all gender restroom locations #FreeToPee

VISIT US ONLINE AT: PRACTICALACTIVISM.UCSC.EDU

Land Acknowledgement

The land on which we gather today is the traditional and unceded territory of the Uypi Tribe of the Awaswas Nation. Today these lands are represented by the Amah Mutsun Tribal Band, who are the descendants of the Awaswas and Mutsun Nations, whose ancestors were taken to Mission Santa Cruz and Mission San Juan Bautista during Spanish colonization of the Central Coast. Today the Amah Mutsun are working hard to fulfill their obligation to the Creator to care for and steward Mother Earth and all living things through relearning efforts and the Amah Mutsun Land Trust.

COLLEGE NINE, COLLEGE TEN & OAKES COLLEGE PRESENT:

17TH ANNUAL PRACTICAL ACTIVISM 2019
TOOLS FOR LOCAL & GLOBAL CHANGE

SATURDAY * OCTOBER 19

COLLEGES NINE & TEN MULTIPURPOSE ROOM, UCSC



A DAY OF INTERACTIVE WORKSHOPS, PRESENTATIONS, HANDS-ON ACTIVITIES & MORE

WORKSHOP DESCRIPTIONS

Choose one workshop in each block:

BLOCK ONE: 1:00PM - 2:15PM

Missing and Murdered Indigenous Women Terry Freitas Cafe

Join leaders from the American Indian Resource Center at UCSC for an overview of the Missing and Murdered Indigenous Women movement and how you can support it.

In Lak'Ech: Becoming and Embracing Beloved Community Namaste Lounge

A transformative *platica* rooted in our cultural and ancestral knowledge which challenges the colonial and dominant Western narrative. Through critical self reflection, case studies, and discussion we will work on learning to dismantle the infrastructure of oppressive systems including implicit bias, stereotypes, microaggressions, apathy, and exclusionary speech. Centering our discussion on the lived experiences of undocumented communities and students, we will practice responding to hateful incidences, define *UndocuAccompliceship*, and invite you to become and embrace beloved community.

Wearing Us Down: Uncovering & Resisting the Eco-Social Impacts of Fast Fashion Social Sciences 2, Room 71

Not all clothes are created equally. How does our throw-away culture extend into what we wear? Join Chris Lang, a graduate student from the Environmental Studies department, for a workshop on the eco-social impacts of fast fashion - from human rights to petrochemical waste - as well as a visioning session on ways to resist its deleterious effects through our individual and collective consumer choices.

In the Belly of the Beast: Students Fighting Against U.S. Imperialism Social Sciences 2, Room 75

How do our tuition and tax dollars help wage wars overseas in countries like the Philippines? This workshop breaks down the root causes of US imperialism as well as its impacts on developing countries. Come to this session to learn how the emergence of a global economy and the rise of Post World War II imperialist powers have brought with them new methods of exploitation and profit-mongering, using foreign lands and markets as a playground for promoting US profit and influence. Explore the role international solidarity plays in dismantling imperial seats of power.

BLOCK TWO: 2:25PM - 3:40PM

Dismantling Oppression with Forum Theatre Namaste Lounge

There are countless ways to intervene when oppressive acts occur. How can we get better at choosing and using different approaches? Learn about and practice Forum Theatre, a powerful technique drawn from Augusto Boal's Theatre of the Oppressed. This community-based approach to problem solving helps participants draw on their collective wisdom and experience to create, practice, and develop increased confidence as activists.

Storytelling: Connecting With Our Ancestors Terry Freitas Cafe

We all have ancestors. What are some ways to explore and heal our connections to them? Join Gemma Benton, traditional Native American singer, storyteller, and spiritual activist, for a workshop that explores how storytelling and song help us navigate fear and build relationships based on trust and respect. Practice healing with our ancestors through a creative journaling exercise.

Unpacking the Central American Migrant Crisis Social Sciences 1, Room 110

Who and why are people fleeing Central America? Join us in examining how the demonization and victimization of the migrant group and US immigration policy can negatively affect their migration. This workshop will provide background on the crisis and break down the given definition of "migrant caravan." Gain the tools to support and advocate for successful migration.

Students as Capital: Burnout Social Sciences 2, Room 75

When students are pushed to prioritize productivity over their wellbeing they can feel overworked and undervalued. This leads to burnout. This workshop will cover the emotional, behavioral, and health risks students face as a result of internalized capitalism. Through a panel of speakers, we will highlight how students of color are differently affected and actions that can dismantle this cycle and treat burnout in yourself and others.

Healing Community Pain – Even When the Doctor Won't Social Sciences 2, Room 71

Explore how historical (and current) racism and sexism are inherent in the American healthcare system. How do doctors' implicit biases affect their diagnosis and treatment strategies depending on the various identities held by their patients? Learn about your rights as a patient and how you can advocate for yourself and/or others disenfranchised by medical professionals.

SCHEDULE OF THE DAY

10:30AM Registration, Refreshments, Creative Activist Opportunities, & Music (MPR)

12:00PM Opening Session, Keynote Speaker: Morning Star Gali (MPR)

1:00PM First Session of Concurrent Workshops (choose one workshop to attend)

2:25PM Second Session of Concurrent Workshops (choose one workshop to attend)

3:30PM to 5PM Tabling, Spoken Word Artist: Reginald Edmonds, Creative Activist Opportunities (MPR)

What do you think?

Please turn in an evaluation before you leave or complete our evaluation online at:

<http://bit.ly/PACEVAL19>

KEYNOTE SPEAKER

MORNING STAR GALI

Native and Women's issues activist and a member of the Ajumawi band of Pit River in Northeastern California. She is serving as the project director of *Restoring Justice for Indigenous Peoples*, an organization that seeks to address disparities in the carceral system through advocacy and heal communities through traditional and cultural practices. Through her work, she organizes folks across California along Native cultural, spiritual, scholarly, and political lines.



SPOKEN WORD POET

REGINALD EDMONDS

Poet, activist, and educator based out of Richmond, CA. Reggie has recently been awarded the champion of the 2019 Berkeley Poetry Slam. They run both the Rich Oak Alchemy Slam and the Oakland Poetry Slam and Wide Open Mic. They have two self-published chapbooks, *I'm Too Black For This Shxt* (2017) and *Sad Boi* (2018) and have been published in *Rigorous Magazine*.



CREATIVE ACTIVIST OPPORTUNITIES

10:30AM - 11:50AM & 3:30PM - 5:00PM

Kids Not Spouses

Child marriage is a seemingly ineradicable, vicious cycle across countries, cultures, and regions. Explore the roots of child marriage, take a quiz on the facts, and learn how to make a difference globally.

Media Literacy and Voting:

The 2020 election is coming up sooner than you think! Learn about how to improve your media literacy and learn why civic engagement is important. Stop by to register to vote!

Button Making

Come design a personal button to show off your passion and practical activism! Create one to make a statement, highlight an issue important to you, honor an activist, and more!

DIY Sustainable Toiletries

Even when buying ethically and sustainably-made products, you can be left with trash. Learn how to make your own household goods to reduce waste and save money!

Decolonization of indigenous plants

Understand the effects of colonization on botany throughout the years. Learn the about the intersections between plants and indigenous history. Enter to win a free local, drought tolerant plant!

Pil-Am: Postcolonial Mentality

The archipelago known as the Philippines was colonized under Spanish rule for over 350 years. After that, it was claimed as a U.S. territory for nearly 50 years. Learn how this history of colonialism affects the Pil-Am community.

LGBTQ+ Domestic Violence

Due to the negative stigma and stereotypes perpetuated about LGBTQ+ folks, people in domestic violence situations are less likely to seek help. Explore tools and resources to help those affected seek support by encouraging healing and accountability that is rooted in autonomy and anti-oppression principles.

Check out the dynamic organizations tabling in the Multipurpose Room!